

CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of each child: skill improvement, knowledge growth, character development, and most importantly FUN. Each eight week instructional program is focused on giving each child an equal opportunity to improve in game fundamentals, game knowledge, sportsmanship and teamwork, appropriate competition, while having FUN. As the program progresses, the instructors will be spending less time on instructional drills and more time on game strategy through simulated games. Children are divided by grade level in each instructional program. Grade levels may be combined/divided based on enrollment.

NEW! LITTLE DRIBBLERS BASKETBALL

Location: Gym - This program will focus on the fundamentals of shooting, ball handling, passing, post and perimeter play, footwork and pivoting drills, movement without the ball, and core training. T-shirt provided.

Preschool (3-4 yrs) Court 1 Mondays 5:00-5:30pm
Fee: Member \$22 General Public \$33 Minimum Participants: 6

YOUTH BASKETBALL - BEGINNER

Location: Gym - This program will focus on the fundamentals of shooting, ball handling, passing, post and perimeter play, footwork and pivoting drills, movement without the ball, and core training. T-shirt provided.

Grades K-3rd Court 1 Mondays 5:30-6:30pm
Fee: Member \$44 General Public \$66 Minimum Participants: 6

YOUTH BASKETBALL - INTERMEDIATE

Location: Gym - This program will focus on the fundamentals of shooting, ball handling, passing, post and perimeter play, footwork and pivoting drills, movement without the ball, and core training. T-shirt provided.

Grades 4th-8th Court 2 Mondays 5:30-6:30pm
Fee: Member \$44 General Public \$66 Minimum Participants: 6

YOUTH OUTDOOR SOCCER

Location: South Field - This recreational program provides youth with the opportunity to learn the fundamentals of dribbling, passing, and shooting, fundamental knowledge of game rules, strategy, sportsmanship, and teamwork through a combination of instructional sessions and games. T-shirt provided.

Saturdays
Pre-K (3-4yrs.) 10:00-11:00am Grade K-2nd 9:00-10:00am
Fee: Member \$44 General Public \$66 Minimum Participants: 6

YOUTH FLAG FOOTBALL

Location: Gymnasium, Court #3 - This coed program focuses on developing the essential skills of passing, receiving, rushing and blocking, as well as a fundamental knowledge of game rules and strategy, sportsmanship and teamwork through a combination of instructional and game sessions. T-shirt provided.

Grades 1st-6th Saturdays 10:00-11:00am
Fee: Member \$44 General Public \$66 Minimum Participants: 6



IMPROVE YOUR GAME

U10 & U11-U14 Developmental Volleyball

U10 is designed to give 4th grade girls & boys the inside track to volleyball success by teaching volleyball skills and techniques all within a game-level approach.

U11 - U14 will focus on improving skills in a fun environment. Offering 5th & 6th grade boys & girls the opportunity to practice one-hour each week with a rotating weekend schedule of both practices and mini-tournaments, all in the Kenosha area.

*U14 is open to 7th & 8th grade girls only.

Grades: 4th - 8th
When: Saturdays 11:00am - 12:00pm
Location: Gymnasium Courts 3 & 4
Fee: Members \$44 General Public \$66
Minimum Participants: 6

