



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STAY CONNECTED

KENOSHA YMCA 7101 53rd Street, Kenosha WI 53144 | 262.654.9622 (YMCA) | www.kenoshaymca.org

Winter 2019 Newsletter

As a new member, **you have joined a supportive family of members, participants, volunteers, and staff working together to improve the quality of life for all.** We are for youth development, healthy living and social responsibility, and we're here to help you reach your goals. From weight loss to helping your child learn fundamental skills in programs like youth sports, child care, and swim, **WE'RE HERE FOR YOU!**



Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



REMINDERS FOR ALL MEMBERS

- Free Equipment Orientation: Wednesdays @ 6pm & Fridays @ 11am
- Membership offers discounts on Personal Training, Massage and more!
- Group Fitness classes are FREE to members. But you may also try a paid class ONCE for free to see if it's for you.
- Stay informed....
 - Follow us on Facebook
 - Download our App, search "Kenosha YMCA"
 - Ensure we have your email. We promise not to fill that in-box!
- Questions? Just ask!



On July 21, 2018, Jon Santarelli died when he was

lost overboard during the Chicago Yacht Club Race to Mackinac Island. His parents, devoted YMCA members, Frank and Dorene Santarelli provided a generous gift of \$10,000 to establish an endowed scholarship which will provide funds for swimming lessons to children in financial need.

If you are interested in helping reach more children, please contact Chris Finkel, Development Director, at cfinkel@kenoshaymca.org

MEMBER ^{get} a MEMBER _{get} a MONTH FREE!

Working out at the Y with a friend is motivating, helps you both stay on track to your fitness goals, and it's **JUST SIMPLY MORE FUN!**

Bring in a friend to JOIN the Kenosha YMCA, and **YOU** will receive **ONE MONTH FREE!** There is no limit, so the more friends you bring in, the **MORE** free months you get - **bring in a friend TODAY*!**

PLUS...Your friend can take advantage of the January no Joiner Fee Special!



*Referring member must be in good standing. New member must mention referral at time of sign-up, sorry no exceptions.

CHECK OUT WHAT'S HAPPENING...

JANUARY

- 21 Kids Day Out, All KUSD & KTEC
- 25 Kids Day Out, All KUSD & KTEC
- 26 & 27 Futsol Tournament, Gym Closed

FEBRUARY

- 11 Spring I Member Registration Begins
- 18 Spring I General Public Registration Begins
- 22 Kids Day Out, KTEC ONLY
- 23 Adaptive Sports Night
- 24 Indoor Triathlon
- 25 **SPRING 1 SESSION BEGINS**

MARCH

- 2 & 3 **KENOSHA EXPO, UW-PARKSIDE**
- 10 Triathlon, Training Camp
- 10 Daylight Savings, Spring Forward
- 24 Indoor Triathlon

APRIL

- 13 Breakfast with the Bunny & Healthy Kids Day
- 15 Spring II Member Registration Begins
- 21 **EASTER, YMCA CLOSED**
- 21-27 Spring Break, No Classes
- 22-26 Spring Camp
- 22-26 Learn to Swim Week
- 22 Spring II General Public Registration Begins
- 29 **SPRING II SESSION BEGINS**

MAY

- 1 **BASP (2018-19) Registration Begins**
- 15 **Miracle League begins**
- 16 **31st Annual Golf Outing at Kenosha Country Club**
- 27 **Memorial Day, YMCA Open 5am-1pm**

**Food, Folks
& Spokes is
Thursday,
June 20th**



**The 42nd Annual
Firecracker Run will be
Sunday, June 30th**



PREPARED FOR ANYTHING!

Women's Self Defense Clinic

Ladies, join us for this Intro to Basic Self-Defense & Situational Awareness!

When: February 1st OR 22nd
Time: 5:30-7:30pm In: Studio A
Fee: \$25 / \$50



**Register Today!
Walk-ins Welcome!**

Ages 14 & up

YOUTH YOGA

- Improve Focus & Concentration
- Relieve Stress & Calm the Mind
- Stretch & Strengthen

When: Thursdays
Time: 5:00-5:45pm In: Studio A
Fee: \$27 / \$40

**All Levels Welcome!
Register Today!**



**BEST
SUMMER
EVER™**



**Summer Day
Camp
Registration
Opens
March 1st**

COMING THIS SPRING...



**LIVESTRONG®
at the YMCA**

LIVESTRONG® at the YMCA is a small-group program that helps adult cancer survivors reclaim their health and well-being following a cancer diagnosis. **STAY TUNED!**

WELCOMING SOME NEW FACES!



JOSH THOMPSON, SPORTS COORDINATOR

I really enjoy working with the kids, coaching sports, and meeting new people. I have worked at the Y for 5 years in the Youth & Family Department, and am looking forward to this new role. Being the Sports Coordinator will give me even more of an opportunity to interact more with families, and help develop their kids to reach their full potential in life through our sports programs at the Y.

KAITLYN BOUVETTE, YOUTH & FAMILY ASSISTANT DIRECTOR

I have been working for the Kenosha YMCA for 1.5 years in the Youth and Family Department. During that time, I have been the Site Director of both KTEC Campuses. I am looking forward to being the Youth and Family Assistant Director, because I will be helping to create a new site at Brass Community School. It will also give me the opportunity to reach out to more community members about all of our child care options!

