

# KUENY AQUATIC CENTER POLICIES

- Running, rough play, and unsafe behavior are not permitted in the pool or on the pool deck.
- Equipment must be returned to the proper location after use.
- Food and glass containers are not permitted in the pool area.
- Utilization of pool space is determined by management and enforced by staff.
- **Lap Swim:** Lane-splitting or circle swimming may be required to accommodate all swimmers. Designated lap swimming times are indicated in the pool schedule.
- **Fitness Swim:** All non-lap swimming activities including water walking, independent exercise, and private swim lessons are to be done in this space.

## LIFEGUARDS AND ADULT SUPERVISION

Our aquatic staff of American Red Cross certified lifeguards strives to maintain the highest standards possible. The goal is to provide patrons with a safe, clean atmosphere in which families can enjoy aquatic fitness and recreation.

The purpose of the aquatic staff is not to supervise your child, but to ensure the safety of all facility patrons by preventing and responding to emergencies. Therefore, parents are expected to closely supervise their children and assist in enforcing the policies for the safety and enjoyment of all patrons.

- **Direct Supervision:** an adult (18+) is required to be in a swimsuit and in the water with the child at all times; unless the child is participating in a Y supervised program.
  - **Ages 6 and under:** Require Direct Supervision.
  - **Ages 7-9:** Require Direct Supervision unless the child can pass the **deep end swim test**; however an adult must remain on the pool deck.
  - **Ages 10-17:** Are subject to the **deep end swim test** at the lifeguard's discretion. An adult does not have to remain in the pool area.

**The deep-end swim test in the lap pool is...** Jump in and level off before beginning to swim, then swim to the lifeguard chair in the middle of the pool using a front paddling stroke, tread at that spot for 15 seconds, swim to the end, and then float at the start for 15 seconds, without assistance.

**The deep-end swim test in the instructional pool is...** Jump in and level off before beginning to swim, then swim to the lifeguard chair in the middle of the pool using a front paddling stroke, tread at that spot for 15 seconds, swim back to the start, and then float at the start for 15 seconds, without assistance.

## PROPER SWIMSUIT ATTIRE IS REQUIRED

In the interest of public health and safety, and in compliance with all local and state laws, patrons need to wear appropriate, clean swimwear and shower prior to entering the pools. Guardians must also be in proper swimsuit attire, so if necessary, they can enter the pool to assist the patrons for whom they are responsible.

Appropriate swimsuit attire is defined as clothing specifically designed for use in the water. They are designed to be quick drying and are generally made from smooth, nylon material. Examples of appropriate swimwear include: swimsuits with a lining, rash guard shirts, board shorts, and swim trunks with an affixed/sewn inner lining. Some examples of inappropriate attire include (but are not limited to) basketball shorts, underwear and/or boxer shorts, sports bras, cotton clothing items of any kind, and lifeguard gear (due to liability issues). Inappropriate attire can damage our pumps and off-set our chemical levels.

## FLOTATION DEVICES AND TOYS

At this time, flotation devices and pool toys are welcome at our aquatic facility under the following guidelines:

- Children under the age of 10 may only use flotation devices with an adult or guardian in the water, supervising the child.
- Any flotation device or pool toy must be clean and free of any debris (i.e. sand & beach water residue)
- Flotation devices and/or pool toys will be allowed at the lifeguard's discretion.
- Water wings are strongly discouraged for use as flotation devices. The Y recommends only US Coast Guard approved flotation devices.

## POOL CLOSINGS

- **POOLS CLOSED FOR MAINTENANCE JULY 15th - 21st**

## OTHER DATES TO NOTE:

### JULY

- 4 Independence Day, YMCA Open 5am - 1pm\*  
\*No classes or programs (ie. Preschool or SDC)
- 15 31<sup>st</sup> Annual Golf Outing, Kenosha Country Club
- 23 Senior Day

### AUGUST

- 4 5<sup>th</sup> Annual Tri My Best Triathlon, **YMCA CLOSED**
- 12 **Fall I Member Registration Begins**
- 19 Fall I General Public Registration Begins
- 20 Senior Day
- 24 BASP (18-19) Registration Ends, for 1st week
- 26 **FALL I SESSION BEGINS**
- 28 Last Day of Summer Day Camp



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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAKE A SPLASH

## JUNE/JULY Pool Schedule

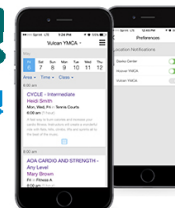


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KENOSHA YMCA



Up to the hour schedules and notifications of facility & program changes.

KENOSHA YMCA | 7101 53rd Street  
262.654.9622 | [www.kenoshaymca.org](http://www.kenoshaymca.org)



# LAP POOL

| MONDAYS   | TUESDAYS  | WEDNESDAYS  | THURSDAYS   | FRIDAYS   | SATURDAYS   | SUNDAYS   |  |
|---|---|---|---|---|---|---|--|
| YMCA Opens at 5am   | YMCA Opens at 5am   | YMCA Opens at 5am   | YMCA Opens at 5am   | YMCA Opens at 5am   | YMCA Opens at 6am   | YMCA Opens at 9am   |  |
| Lap Swim<br>5am - 8:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>5am - 8:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>5am - 8:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>5am - 8:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>5am - 8:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>6am - 4:45pm<br><small>*See below for available lanes</small> | Lap Swim<br>9am - 4:45pm<br><small>*See below for available lanes</small> |  |
| Open Swim<br>5am - 8:45pm   | Open Swim<br>5am - 8:45pm   | Open Swim<br>5am - 8:45pm   | Open Swim<br>5am - 5:45pm   | Open Swim<br>5am - 8:45pm   | Open Swim<br>9am - 4:45pm   | Open Swim<br>9am - 4:45pm   |  |
| Fitness Swim<br>5am - 3:30pm  | Fitness Swim<br>5am - 3:30pm  | Fitness Swim<br>5am - 3:30pm  | Fitness Swim<br>5am - 3:30pm  | Fitness Swim<br>5am - 3:30pm  | Fitness Swim<br>6-8:30am & 12-4:45pm                                      | Fitness Swim<br>9am - 4:45pm  |  |
| WaterInMotion<br>7am - 8am  | Deep Water Fitness<br>8:30 - 9:30am                                       | WaterInMotion<br>7am - 8am  | Springboard Diving<br>9:30am - 11am                                       | WaterInMotion<br>7am - 8am  | Water Aerobics<br>8am - 9am   |   |  |
| SilverSneakers®<br>Splash<br>9am - 10am                                   | SilverSneakers®<br>Splash<br>9:30am - 10:30am                             | SilverSneakers®<br>Splash<br>9am - 10am                                   | Open Swim<br>5:45pm - 8:45pm  | SilverSneakers®<br>Splash<br>8:30am - 9:30am                              | School-Age Swim #2<br>8:15am - 9:00am                                     |   |  |
| School-Age Swim #2<br>4:45pm - 5:30pm                                     | WaterInMotion<br>11am - Noon  | School-Age Swim #4<br>4:45pm - 5:30pm                                     | Fitness Swimming<br>6:00 - 7:00pm   | School-Age Swim #2<br>6:15pm - 7:15pm                                     | School-Age Swim #1<br>8:45am - 9:30am                                     |   |  |
| School-Age Swim #1<br>6:15pm - 7pm  | School-Age Swim #1<br>4:45pm - 5:30pm                                     | Springboard Diving<br>4:45pm - 6:15pm                                     | Preschool Swim #5<br>6:15pm - 7pm   | School-Age Swim #4<br>7:00pm - 7:45pm                                     | School-Age Swim #4<br>9:30am - 10:15am                                    |   |  |
| School-Age Swim #3<br>6:15pm - 7pm  | School-Age Swim #2<br>5:30pm - 6:15pm                                     | School-Age Swim #3<br>7pm - 7:45pm  | Springboard Diving<br>7:15pm - 8:15pm                                     |   | School-Age Swim #3<br>10:15am - 11am                                      |   |  |
| School-Age Swim #2<br>7:00pm - 7:45pm                                     | Preschool Swim #4<br>6:15pm - 7pm   | <b>**During transition times please allow for setup**</b>                 |   |   |   |   |  |
| School-Age Swim #4<br>7:00pm - 7:45pm                                     | School-Age Swim #3<br>6:15pm - 7pm  |   |   |   |   |   |  |
|   | Advanced Skills<br>7pm - 8pm  |   |   |   |   |   |  |
|   | Aqua Zumba<br>7pm - 8pm   |   |   |   |   |   |  |

**LAP POOL HOURS**  
**MON-FRI: 5am - 8:45pm**  
**SAT: 6am - 4:45pm**  
**SUN: 9am - 4:45pm**

## LAP SWIMMING LANES

Number in ( ) indicates the LANES available for Lap Swim. As a courtesy, all swimmers are expected to share lanes and circle swim. \*Subject to change.

|   |   |   |   |   |  |                     |
|---|---|---|---|---|--|---------------------|
| 5:00-9:00am (4-6)<br>9:00-10:00am (3-5)<br>10:00am-3:30pm (4-6)<br>3:30-8:00pm (7 & 8)<br>8:00-8:45pm (4-8) | 5:00-8:30am (4-6)<br>8:30-11:00am (3-5)<br>11:00am-3:30pm (4-6)<br>3:30-8:00pm (7 & 8)<br>8:00-8:45pm (4-8) | 5:00-9:00am (4-6)<br>9:00-10:15am (4 & 5)<br>10:15am-3:30pm (4-6)<br>3:30-8:00pm (7 & 8)<br>8:00-8:45pm (4-8) | 5:00-8:30am (4-6)<br>8:30-9:30am (4 & 5)<br>9:30am-5:30pm (4-6)<br>5:30-7:30pm (6-8)<br>7:30-8:45pm (4-8) | 5:00-8:00am (4-6)<br>8:00-10:30am (4 & 5)<br>10:30am-5:15pm (4-6)<br>5:15-7:45pm (7 & 8)<br>7:45-8:45pm (4-8) | 6:00-8:30am (4-6)<br>8:30am-Noon (7 & 8)<br>12:00-4:45pm (4-6) | 9:00am-4:45pm (4-6) |
|---|---|---|---|---|--|---------------------|

## SWIM TEAM & SUMMER CAMP POOL USAGE

## JULY POOL USAGE

| MONDAYS  | TUESDAYS  | WEDNESDAYS   | THURSDAYS  | FRIDAYS  | SATURDAYS     | SUNDAYS       |
|--|---|--|--|--|---------------|---------------|
| <b>24-Jun</b><br>Lanes #1-3: 2-4pm                           | <b>25-Jun</b><br>Lanes #1-3: 2-3pm<br>Lane #4: 6:30-8pm | <b>26-Jun</b><br>Lanes #1-3: 2-3pm                           | <b>27-Jun</b><br>Lane #4: 7:30-9am<br>Lanes #1-3: 2-4pm    | <b>28-Jun</b><br>Lane #4: 7:30-9am<br>Lane #4-5: 2-3pm | <b>29-Jun</b> | <b>30-Jun</b> |
| <b>1-Jul</b><br>Lane #1-3: 3-4pm<br>Lanes #1-5: 6:30-7:30pm  | <b>2-Jul</b><br>Lanes #1-3: 2-3pm<br>Lane #4: 6:30-8pm  | <b>3-Jul</b><br>Lane #1-3: 2-4pm<br>Lanes #1-5: 6:30-7:30pm  | <b>4-Jul</b><br>Holiday Hours:<br>Pool Open<br>5am-12:45pm | <b>5-Jul</b><br>Lane #4: 7:30-9am<br>Lane #4-5: 2-3pm  | <b>6-Jul</b>  | <b>7-Jul</b>  |
| <b>8-Jul</b><br>Lane #1-3: 3-4pm<br>Lanes #1-5: 6:30-7:30pm  | <b>9-Jul</b><br>Lanes #1-3: 2-3pm<br>Lane #4: 6:30-8pm  | <b>10-Jul</b><br>Lane #1-3: 2-4pm<br>Lanes #1-5: 6:30-7:30pm | <b>11-Jul</b><br>Lane #4: 7:30-9am<br>Lanes #1-3: 2-4pm    | <b>12-Jul</b><br>Lane #4: 7:30-9am<br>Lane #4-5: 2-3pm | <b>13-Jul</b> | <b>14-Jul</b> |
| <b>15-Jul</b>  | <b>16-Jul</b>   | <b>17-Jul</b>  | <b>18-Jul</b>  | <b>19-Jul</b>  | <b>20-Jul</b> | <b>21-Jul</b> |
| <b>POOL CLOSED FOR CLEANING</b>                              |   |  |  |  |               |               |
| <b>22-Jul</b><br>Lane #1-3: 3-4pm<br>Lanes #1-5: 6:30-7:30pm | <b>23-Jul</b><br>Lanes #1-3: 2-3pm<br>Lane #4: 6:30-8pm | <b>24-Jul</b><br>Lane #1-3: 2-4pm<br>Lanes #1-5: 6:30-7:30pm | <b>25-Jul</b><br>Lane #4: 7:30-9am<br>Lanes #1-3: 2-4pm    | <b>26-Jul</b><br>Lane #4: 7:30-9am<br>Lane #4-5: 2-3pm | <b>27-Jul</b> | <b>28-Jul</b> |
| <b>29-Jul</b><br>Lane #1-3: 3-4pm<br>Lanes #1-5: 6:30-7:30pm | <b>30-Jul</b><br>Lanes #1-3: 2-3pm<br>Lane #4: 6:30-8pm | <b>31-Jul</b><br>Lane #1-3: 2-4pm<br>Lanes #1-5: 6:30-7:30pm |  |  |               |               |

## WARM WATER INSTRUCTIONAL POOL

| MONDAYS  | TUESDAYS                               | WEDNESDAYS                           | THURSDAYS                            | FRIDAYS                              | SATURDAYS                              | SUNDAYS                    |
|--|--|--------------------------------------|--------------------------------------|--------------------------------------|--|----------------------------|
| <b>*When pool is open there is at least ONE section available for Open Swim/Play</b> |  |                                      |                                      |                                      | YMCA Opens at 6am                      | YMCA Opens at 9am          |
| Fitness Swim<br>7am - 8am  | Aqua Pi-Yo-Chi<br>8am - 9am            | Fitness Swim<br>7am - 8am            | Y Preschool<br>9:15am - 10:15am      | Fitness Swim<br>7am - 8am            | Open Swim<br>9am - 4:45pm              | Open Swim<br>12pm - 4:45pm |
| Gentle Waves<br>8:15am - 9:15am  | Parent & Child<br>9:15am - 9:45am      | Gentle Waves<br>8:15am - 9:15am      | Movement & Mobility<br>11:30am - 1pm | Tender Touch Therapy<br>8am - 4pm    | Parent & Child<br>9:30am - 10:00am     |                            |
| Gentle Waves<br>9:15am - 10:15am   | Preschool Swim #3<br>9:45am - 10:30am  | Gentle Waves<br>9:15am - 10:15am     | Preschool Swim #3<br>5:30pm - 6:15pm | Gentle Waves<br>8:15am - 9:15am      | Preschool Swim #1<br>9:30am - 10:15am  |                            |
| Preschool Swim #1<br>5:30pm - 6:15pm   | Preschool Swim #1<br>10:30am - 11:15am | Tender Touch Therapy<br>4pm - 6:00pm |                                      | Gentle Waves<br>9:15am - 10:15am     | Parent & Child<br>10:00am - 10:30am    |                            |
| Preschool Swim #3<br>4:45pm - 5:30pm   | Preschool Swim #2<br>11:15am - 12:00pm | Parent & Child<br>5:30pm - 6:00pm    |                                      | Preschool Swim #2<br>5:30pm - 6:15pm | Preschool Swim #2<br>10:15am - 11:00am |                            |
| Gentle Waves<br>5:30pm - 6:30pm  | Movement & Mobility<br>11:30am - 1pm   | Parent & Child<br>6:00pm - 6:30pm    |                                      |                                      | Parent & Child<br>10:30am - 11:00am    |                            |
| Preschool Swim #2<br>5:30pm - 6:15pm   | Preschool Swim #1<br>5:30pm - 6:15pm   | Gentle Waves<br>5:30pm - 6:30pm      |                                      |                                      | Preschool Swim #3<br>11:00am - 11:45am |                            |
|  | Preschool Swim #2<br>5:30pm - 6:15pm   | Preschool Swim #1<br>5:30pm - 6:15pm |                                      |                                      |  |                            |
|  | Preschool Swim #3<br>6:15pm - 7:00pm   | Preschool Swim #3<br>6:15pm - 7:00pm |                                      |                                      |  |                            |
|  |  | Preschool Swim #2<br>6:30pm - 7:15pm |                                      |                                      |  |                            |

### WARM WATER INST. POOL HOURS

MON/WED: 7am - 12pm & 4-8pm  
 TUE/THUR: 8am - 1pm & 4-8pm  
 FRI: 7am - 8pm  
 SAT: 9am - 4:45pm  
 SUN: 12pm - 4:45pm

**\*\*SCHEDULE SUBJECT TO CHANGE**