



GYM SCHEDULE

FEB 26 - APR 28 2024

		5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30		
MONDAY	Court 1	OPEN GYM	PRE SCHOOL	EASTER SEALS	SILVERSNEAKER CLASSIC	OPEN PICKLEBALL	OPEN GYM	PRE SCHOOL	TYKES	BASE	YOUTH BASKETBALL	OPEN GYM	ADULT OPEN RUN BASKETBALL	OPEN GYM	OPEN PICKLEBALL	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
	Court 2																												
	Court 3																												
	Court 4																												
TUESDAY	Court 1	OPEN GYM	TYKES	PRE SCHOOL	OPEN GYM	OPEN GYM	OPEN GYM	PRE SCHOOL	TYKES	BASE	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												
WEDNESDAY	Court 1	OPEN GYM	TYKES	PRE SCHOOL	SILVERSNEAKER CLASSIC	OPEN GYM	OPEN GYM	PRE SCHOOL	TYKES	BASE	CARDIO ADLT BOXING	SPECIAL OLYMPICS	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												
THURSDAY	Court 1	OPEN GYM	TYKES	PRE SCHOOL	HOMESCHOOL PE	OPEN GYM	OPEN GYM	PRE SCHOOL	TYKES	BASE	YOUTH INDOOR SOCCER	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												
FRIDAY	Court 1	OPEN GYM	TYKES	PRE SCHOOL	SILVERSNEAKER CLASSIC	OPEN PICKLEBALL	OPEN GYM	PRE SCHOOL	TYKES	BASE	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												
SATURDAY	Court 1	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												
SUNDAY	Court 1	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	Court 2																												
	Court 3																												
	Court 4																												

OPEN GYM
Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

GROUP FITNESS
These are all free drop-in classes and first come first served; registration is not required.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

**WATER ONLY!
NO OTHER FOOD
OR DRINK IN THE
GYM**

- * SPECIAL OLYMPICS WED NIGHTS THRU MAR 6 6:30-7:30PM COURTS 1 & 2
- *BUNNY BREAKFAST SAT MAR 23 9-11:30AM COURT 1 & 2
- *PICKLEBALL TOURNAMENT SAT MAR 30 10AM - 1PM COURTS 3 & 4
- * DANCE FUNDRAISER SAT FUNDRAISER APR 13 FULL COURTS 3-5pm
- *HEALTHY KIDS DAY SAT APR 20 FULL COURTS

2/26/2024

*Gym schedule subject to change due to Fitness , Sports Classes and Events.