



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SUMMER OF DISCOVERY!

Y SUMMER PROGRAM @ THE PARKS

Caregiver Policy Book  
2025



## Caregiver Policy Book 2025

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## Caregiver Policy Book 2025

### Program Overview

**WELCOME to our YMCA Summer Program at the Parks 2025!** We are so excited that you have decided to join us in a summer full of adventurous fun. To ensure that participants (kids), their families, and staff have a successful safe summer we ask that everyone abide by the following policies.

#### OUR COMMITMENT

It is our policy and commitment to providing an environment that allows your child opportunities to grow, learn, make friends, and have a *great* summer! Our staff is always available to discuss your child's specific needs. We are so glad that you are here!

#### OUR MISSION

The YMCA believes all children and youth have immense potential and deserve the opportunity to discover who they are and what they can achieve. Through the Y, children and youth cultivate the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement. The YMCA summer programming fosters cognitive, social-emotional, and physical development through play and planned opportunities and experiences focused on achievement, relationships, belonging: We deliver activities in a physically and emotionally safe space. We encourage children and youth to develop at their own individualized pace. We encourage skills development. We offer youth service and leadership opportunities.

The YMCA programs promote a healthy spirit, mind, and body for all. To accomplish our mission, the programming of the Kenosha YMCA Youth and Family Department teaches the 4 Core Values. Building character in young people to help them form positive values has always been the focus of the YMCA Mission. Here at the YMCA, we strive to help kids develop the following character traits:

##### ♥ Caring

The importance of putting others before yourself; of building more responsive communities.

##### ⚖ Honesty

The importance of integrity; of telling the truth and keeping promises to yourself and others.

##### 👤 Respect

The importance of treating others as you would want them to treat you; of acknowledging and accepting others regardless of differences.

##### 👏 Responsibility

The importance of doing what you should; of accepting accountability, pursuing excellence, and following through on personal commitments.



It is the expectation that all abide by and live out these four core values. The staff is responsible for helping children learn and practice these values. Staff will work, in partnership with the parent/guardian, to help children who struggle with being caring, honest, respectful, and/or responsible to grow and develop in living out the core values

### **ALL ARE WELCOME!**

Inclusion is foundational to the philosophy and values of the YMCA. All are welcome. No one is excluded. Acceptance and appreciation of others are embedded in the programming addressing how to apply the Core Values (Respect, Responsibility, Care, Honesty, and Faith) and expanding the understanding of Cultural Diversity to be beyond just that of knowledge of differences, but also of acceptance, respect, and appreciation.

### **SUMMER PARKS THEMES & PROGRAMMING**

Last year, the Summer Parks staff acknowledged that children and youth needed to experience a sense of hope and joy having come through the challenges of COVID. Activities are designed to promote a sense of well-being, security, and a positive outlook for the future. This year has proved to be as challenging in the changes that have and will be occurring in the school district with the closing of schools and relocation of students. Therefore, this summer, our focus will be that of building relationships; deepening friendships with those we know and making new friends of those we have yet to meet; a focus of being "Champions for Others!" taking part in activities in coming alongside others....and learning ways to positively navigate change.

### **LEARNING IS FUN!**

The YMCA Summer Parks Program will **offer typical fun summer day camp activities such as arts and crafts, games, lots of physical activity, making friends, character development, team building. Embedded within the fun-filled activities are intentionally designed experiences that reinforce math concepts and skills and those that foster and develop a love and ability of reading and communication.** An emphasis this summer will be that of Community Service/Service Learning. Children will be guided in projects that help them discover and learn the fun and joy in simply giving...not for the sake of getting something in return, nor out of obligation, but in simply making someone's life a little better, a little joyful, a little easier.

The Teen program includes a "College/Career" component through meeting and talking with various Kenosha leaders in business, arts, science/IT; taking part in "clubs" such as Youth and Government, Photography, Journalism, Music Studio; and a day spent on campus at Carthage College. Teens will meet and talk with current college students, tour the campus, learn of various degree programs, and how to become a College Student. Teens are encouraged to think about and explore their areas of interest, future goals, and meet those who might be able to assist them in their success. New this summer for the Teens is the weekly field trip to the brand-new Kenosha Y Best Buy Teen Tech Center located in the Kenosha Emerging Leaders Academy building. Teens will have the opportunity to explore a wide variety of IT equipment/materials and create projects of their own design.

All children and youth will take part in the YMCA's signature program, **"Safety Around Water."** Under the guidance of the Y Aquatic Director and staff children and youth will learn and practice the skills needed when in life threatening water situations. "Flip, Float, Follow" Drowning Survival Strategy is a simple way to stay safe if you are ever caught in water over your head or in a dangerous current such as rip currents, long-shore currents, and structural currents, all which can occur at Kenosha's lakeshore.

A typical session includes:

- Exercises to help kids adjust to being in the water
- Instruction in two skill sets kids can use if they unexpectedly find themselves in the water: Jump, Push, Turn, Grab and Swim, Float Swim.
- Safety topics like what to do if you see someone in the water who needs help
- Fun activities that reinforce skills

### **STAFF TO CHILD/TEEN RATIO**

We will operate with a 1:12 ratio at the Elementary Program and 1:15 at the Teen Program. This ratio enables us to divide into age groups, conduct age-appropriate activities and provides safety in the open environment of the grounds.

### **OFF SITE ADVENTURES! FIELD TRIPS**

Each week the children will take a field trip to the YMCA building to swim and enjoy the rest of the facilities. ALL children in attendance that day are expected to go on the field trip. NO YMCA staff will be “on site” at the camp locations on those days. Camp Site Directors will communicate the time of the bus departures for the various field trips. Caregivers will need to provide their own transportation to the YMCA if the child is late.

In addition to the weekly field trip to the Y, children and teens will go on a second field trip to various places of interest such as museums, the Zoo, Kenosha Beach, Dream Playground, and different parks. Field trips are free of charge. Field trip permission slips must be signed and returned before children can participate in off-site field trips. Children attending on the day of the field trip must participate in these field trips. All camp staff will be going on the field trip with no staff left behind at the camp site. If your child is unable to, we ask that you make alternate arrangements.

### **TRANSPORTATION**

Children will be transported using the YMCA buses. Attendance will be taken as the children are boarding the bus and again upon arrival. After the children have exited the bus, the driver will then do a walk through to make sure that all the children have departed and turn off the alarm to indicate that all is well. A copy of each child’s enrollment papers will be kept on the bus which includes information concerning emergency contact numbers and medical status and consent for emergency medical treatment. A binder with routes, directions, and scheduled stops shall also be kept on each bus.

### **INCLEMENT WEATHER**

Children will stay inside during rainy and heat advisory days.

### **SWIMMING**

Recreational swimming & Safety Around Water is built into the Summer Parks Program. A certified lifeguard will be on duty while children are swimming with staff. Each child interested in leaving the shallow end will need to complete a swim test with the lifeguard, swimming an entire length of the pool. Assessment will be kept in the child’s file. The summer staff will make sure that the children are monitored using the buddy system, taking attendance every 15 minutes when the children are required to get out of the pool and rest a bit before returning to swim, as well as lifeguard and staff observations of the children while swimming. In addition, attendance will be taken before entering the pool initially and after leaving the pool to begin another activity.



## **Program Registration**

### **OVERVIEW**

Summer Registration is a first come, first served program. All paperwork must be complete before registering. We assume all caregivers have had a chance to read the caregiver policy book and by enrolling in the program, agree to follow all policies and procedures. A Caregiver orientation will be held to give the opportunity to review policies.

## ENROLLMENT

All children must be “enrolled” in the program by having a completed enrollment form on file. Emergency contact numbers must be viable working numbers for those who can make decisions for the child in emergencies or come to pick up the child if needed. No child can attend without emergency numbers that meet these criteria.

## ADMISSION

The YMCA does not discriminate enrollment based on race, color, gender, creed, national origin, ancestry, or ability to pay. We strive to meet every child’s needs.

## ENROLLMENT PACKET

Enrollment Packets can be picked up from your child’s school office, at the different Achievers sites and online at [kenoshaymca.org/parksprogram](http://kenoshaymca.org/parksprogram)

The required forms include:

- Enrollment Form
- Medical (Health History) Form
- Transportation Agreement
- Caregiver Policy Signature Page (stating you have read the policy book)

# Arrival & Departure



## ARRIVAL

YMCA Summer Parks Staff will greet students who have attended summer school in the school cafeteria. Y staff will “sign-in” these students. Children & youth not attending summer school will meet the Y staff: Columbus Park – Elementary; Lincoln Teen– Oribelitti Center in Lincoln Park.

## DEPARTURE

All children need to be either picked up or leave for home by the program’s end. (5:00 Columbus Park – Elementary Program; 5:30 for Lincoln) We understand that emergencies can/do occur. In this case, please contact the Site Director to explain the situation and the possibility of a late pick-up. If a child is not picked up by the program’s end, the parent/guardian has not called or cannot be contacted, the Site Director will call the emergency contact numbers provided on the enrollment form. Should no one respond and the child continues to be in the care of the YMCA 30 minutes beyond the program’s end, then it is possible that the police and/or children protective services may be called.



## ATTENDANCE

We miss the children and youth when they are not with us in camp! We ask that caregivers provide a schedule for the days of expected attendance. We ask that the Camp Site Director be contacted should a child/youth be absent. If a child/youth is not in attendance on a scheduled day and there has not been notification, the Y staff will contact the parent/guardian to confirm that the child/youth is well. All children and youth are expected to stay all hours in the camp once they have arrived. No child/youth can leave the program early without permission given by the parent/guardian/Y Camp staff. Children/youth must be accompanied by an adult when leaving the program unless prior arrangements have been made with the child/youth’s parent/guardian.

## UNDER THE INFLUENCE POLICY

The Kenosha YMCA has a “No Tolerance” policy regarding drugs or alcohol on-site or individuals that are inebriated on-site. Police will be notified if staff suspects anyone is under the influence including participants, caregivers & family, etc. picking children up.

# Health & Safety

## OVERVIEW

We want all children to attend to have a wonderful time, and to take part as much as possible, but should a child have a temperature of 100 degrees, exhibits signs of a communicable illness (flu, pink eye, etc....) such as but not limited to vomiting, diarrhea; or of contagious condition (i.e. lice), they will not be allowed to attend until all signs of the illness have passed for a 24 hour period. If it is a communicable disease such as chicken pox, measles, etc.... a doctor's note must be provided to stating they may return to the program.



## PARTICIPATION

All children and staff in the Kenosha YMCA Parks Alliance programs will be free of illness and able to participate in all activities.

## ILL CHILD

Any ill child will be isolated from healthy campers and provided with a sleeping bag or mat while a parent is contacted to pick up their child. Caregivers are responsible for picking up any sick child from the program immediately.

## COMMUNICABLE DISEASE

Any child with a communicable disease, such as (but not limited to) whooping cough, diphtheria, meningitis, chicken pox, will be reported to the local public health officer by the Youth & Family Director as the state requires. Caregivers will be notified of possible exposure.

## HEAD LICE

We adhere to a "no nit" (eggs) policy. If a child is sent home with lice, the child must be rechecked upon re-entry into program by Youth & Family staff.

## MEDICATION

If a child is required to take medication at the YMCA, Caregiver/guardians must complete a "Medication Authorization Form." The medication must be kept in its original container and clearly state the following information: child's name, doctor's name, prescribed dosage, and date issued. The program site stores all medication in a locked safe placed, well out of reach of the children. We maintain dated records, which include the amount of medicine dispensed and the name of the staff person who administered the medication. We will provide refrigeration when necessary. Medications will be returned to you or properly disposed of when they are no longer required by your child. Non-prescriptive medications, i.e., Tylenol, aspirin, and cough medicine are not dispensed by our staff. (children and teens may keep their Inhalers)

Staff can only administer medications that are in the original prescription bottle that indicates it being current. A Medical Authorization form must be completed by the parent/guardian. NO non-prescription medicines will be administered to the children and children are not able to self-medicate (please do not send over the counter medicine with your child – they will not be allowed to take it).

## INJURIES

Caregivers will be notified of all injuries and asked to sign an Accident Report at the end of the day, verifying notification. Staff will keep a First Aid Kit with them and wear gloves to treat injuries accordingly. Staff are trained in basic CPR and First Aid treatments.

## EMERGENCY CARE

If 911 is called for an injured child, the caregiver will be contacted immediately. Staff will accompany the child in the ambulance and meet the caregiver at the hospital. The enrollment form gives authorization for emergency care. If the child is at the YMCA Building on a field trip day when needing emergency transportation to the hospital; Froedtert South will be the hospital of arrival (closest to CFB). Otherwise, children will be transported to the nearest emergency facility.

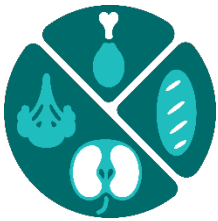
## SAFETY DRILLS

All programs will hold a fire, tornado, and safety drill.

## MANDATORY REPORTER

Kenosha YMCA staff are advocates for children. Wisconsin State Licensing requires that staff contact social services if there is any suspicion of child abuse, which includes physical or sexual abuse and/or neglect.

# Nutrition



## OVERVIEW

The YMCA Healthy Eating and Physical Activity (HEPA) teaches children how to make healthy food choices and to enjoy physical activity, contributing to their social and physical development.

Staff in charge of the preparation of meals are trained under the guidelines of the CACFP (Child and Adult Care Food Program) and SSFP program. This includes training in food preparation, nutritional guidelines, and processing of reports and program forms.

## Y STAFF AS ROLE MODELS

Y staff will always model healthy eating behaviors. This includes consuming the same foods and beverages as children during meals and snacks (if possible) and avoiding consumption of foods or beverages that are inconsistent with the HEPA standards during program time.

## FAMILY STYLE SNACKS & MEALS

Children & youth serve themselves (family style) all food and beverages from common bowls and pitchers with limited help. Staff sit with children during snacks and meals. Children & youth are encouraged and guided to participate in age-appropriate preparation of snacks/meals.

## HEALTHY MENU ITEMS

We provide fruits and vegetables (fresh, frozen, dried, or canned in their own juice) at every meal and snack. We do not provide any fried foods. Fried foods include items like potato and corn chips, in addition to foods that are pre-fried and reheated (e.g., pre-fried french fries that are then baked, chicken patties, chicken tenders, chicken nuggets, fish sticks, Tater Tots®, etc.). We do not provide any foods that contain trans-fat (listed as partially hydrogenated oils in the ingredients). Offer only whole grains, as determined by confirming that the first item listed in the ingredients contains the word whole (e.g., whole wheat, whole oats, whole-grain flour, whole brown rice). We do not provide foods that list sugar (e.g., sugar; invert sugar; brown sugar; words ending in -ose; and syrups like high fructose corn syrup, honey, etc.) as containing more than 8 grams of added sugar per serving.





## MEAL REQUIREMENTS

- PM Snack: 2 choices from food groups w/ milk
- Lunch/Dinner: 1 choice from each food group and a second fruit or vegetable w/ milk

## FOOD GROUP OPTIONS

- Grain Whole Grain: Bread, Whole Grain Bagel, Crackers, Cereal, Granola Bar
- Protein: Peanut Butter, Ham, Turkey, Beans, Egg, Sunflower Butter, Hummus
- Dairy: Low-Fat Yogurt, String Cheese, Sliced Cheese, Cream Cheese
- Fruit/Vegetable: Apple, Bananas, Grapes, Carrots, Celery, 100% Juice



## MEAL OPTIONS

Summer Parks provide the following meals/snacks:

- Lunch & PM Snacks
- Supplement fresh fruit & vegetables to KUSD Lunch
- Friday Lunch
- Monday-Friday "Dinner" components as PM Snack

Alternatives are provided for those with nut allergies (sunflower and soy-based products). The YMCA will do what it can to accommodate by making sure that children are not offered items. We encourage parents to review the menu and provide foods appropriate for their child(ren) when needed.

## SAMPLE MENU

- Lunch/Dinner: Chicken salad pita sandwich, carrot sticks, cheese stick, apple, and water/milk
- Afternoon Snack: Veggies and low-fat ranch dressing with whole wheat crackers

## BEVERAGES

Water is accessible and available to children at all times, including at the table during snacks and meals. Provide only water and unflavored low-fat (1%) or nonfat milk.

## FOOD FROM HOME

The YMCA promotes healthy eating. Candy, "junk food" (i.e., snack foods such as "Little Debbie," "soda pop" drinks, chips that are not baked"...). Children will not be allowed to eat items that do not meet the criteria of "healthy." Please do not allow your child to bring such items to the program.

## CAFFEINE

We ask that parents refrain from sending their child to the program with soda, energy drinks, coffee and other products that contain caffeine. Those beverages will be returned to their lunch bags to be taken home.

## FRIED FOODS & SUGAR

The YMCA follows the guidelines set by the Healthy Eating & Physical Activity Standards (HEPA) which states that fried foods, those with a sugar content over 8 grams, or trans-fats will not be served. We ask that parents sending sack lunches please abide by these guidelines as well so that we can work together to develop healthy eating habits.

## CLEANLINESS

Children and staff are required to wash their hands before and after mealtimes and after using the restroom.

# Guidance & Discipline

## OVERVIEW

The YMCA Summer Parks Program staff believes children and teens act out and misbehave to communicate a need not being met. Our goal is to keep all children safe and understand each child's needs to prevent misbehavior while teaching communication skills so children can find other ways to express their needs.

## CHILDREN'S NEEDS

Our programs are created to meet primary and secondary needs. We ask for caregivers' support by providing these needs at home too.

### Primary Needs

Primary needs are the absolute essential needs each person has:

- Food & Drink for snacks and mealtimes
- Sleep – 9 -10 hours a night
- Health Care for when children are sick or hurt
- A loving relationship

### Secondary Needs

Secondary needs are psychological and learned:

- A sense of belonging and to feel part of a group
- To know what is going to happen next
- To feel success
- To assert oneself, have status, and make decisions

## COMMUNICATION

Our staff will always treat children with respect while communicating any concerns about behavior. We will also give children an opportunity to explain their behavior as we work to resolve the situation.

Caregivers will be made aware of general behavior issues at the end of the program. However, a phone call will be made for any immediate concerns.

## BEHAVIOR GUIDELINES

We use YMCA character values for behavior expectations. At each location, children and staff will define these values. We model and we expect:

- Responsibility
- Respect
- Caring
- Honesty

## CONSEQUENCES

We believe consequences for behavior should directly relate to the misbehavior to teach appropriate behavior.

## VIOLENCE

Children & youth that put themselves or others in danger will need to be picked up immediately. If staff is not able to resolve a situation with a violent child before the caregiver can get them, the police or juvenile crisis will be contacted. All issues will involve working with the parents to try and meet the child's and program needs. (Acts of violence are defined as excessive: physical altercations, profanity, and defiance towards either another child or staff member).

## **DISENROLLMENT**

Children can be terminated from the program based on the camper or parent's behavior at the discretion of the Summer Park Program Director.

The process for dismissal from the program includes that of a meeting between the caregivers, all Y staff involved with the care of the child, the Education Community Director, and other professionals (i.e., counselor, teachers, psychologist/psychiatrist) that may be part of the child's care, if applicable. The purpose of the meeting would be to determine the extent to which it would be beneficial for the child to remain in the program and the degree of benefit to the other children should the child remain. Information such as factors contributing to the consistent inappropriate behavior, review of the effectiveness of behavior plans and guidance strategies, the level of impact in the lives of the other children, etc....will be used to make the determination of whether the child should stay or enrollment be discontinued.

If the determination is that the child's best interest would be served by no longer being part of the program, dismissal would take effect immediately.

## **GRIEVANCES**

We invite parents to offer suggestions, questions, or concerns at any time to the Summer Park Site Director. At the end of the summer, parents will be offered an evaluation to let us know how we are doing. We love the feedback and adjust our programs accordingly. If you have additional comments or concerns, we ask that you first contact your Summer Park Site Director on-site. If that does not meet your needs, contact the Education Community Director, Dr. M. Rachel Mall, EdD: [rmall@kenoshaymca.org](mailto:rmall@kenoshaymca.org)

## **SUMMARY**

It is our joy and privilege to get to know your child/teen. We consider it a gift. And we thank you for sharing them with us. Our goal is that all shall have a most memorable and meaningful summer. Please do share with us how we can best meet the needs of your child and/or teen. We care. And are here to serve.

# Y SUMMER PROGRAM @ COLUMBUS

## COLUMBUS PARK ELEMENTARY PROGRAM

### Columbus Park Program

2003 – 54<sup>th</sup> Street, Kenosha, WI 53140

### PROGRAM HOURS

Please make sure to read our End of Day Policy

Monday – Friday 12:00 PM – 5:00 PM



### OVERVIEW

Our activities will be interactive with the children engaged in physical and “brain” activities. *Math Jeopardy* and *Are You Smarter Than a 5<sup>th</sup> Grader* were huge hits last summer so we will continue to incorporate these events. **NEW** this summer is our location. The Elementary program will be at **COLUMBUS PARK**. *Children attending Summer School at Frank Elementary for the first two weeks of camp are welcome to attend for the second part of the day.* We will be sending staff to Frank Elementary to greet the children and walk them to the park. On Fridays....and for the days when Summer School is not in session, the children can be dropped off or walk to the Park.

We are again blessed this summer with very experienced staff that worked with us last summer. Our teaching staff are those who hold the position of Achievers Site Directors during the school year. Children will be grouped according to grade level and abilities.

This year’s theme, “Summer of Discovery & Adventure!” will conclude with a Champion Celebration that reflects the Summer Olympics which begins the last day of Camp. This celebration will be planned and facilitated by our Teen Summer Parks kids who will host the Elementary Parks children at Lincoln Park. More details will be shared closer to the time of the event.

### WHAT TO BRING

*(Please make sure that all items are labeled with the child’s first and last name and grade level)*

Summer Camp Backpack

Water Bottle

Sunscreen

Extra change of clothes (there are some days when water fun may be involved)

### SAMPLE PROGRAM SCHEDULE

12-12:30pm – Arrival & Lunch

12:30-12:45pm – Cleanup / bathroom break / Change for Swimming at the Y

12:45-1:30pm – Outside/Gym Time OR Depart for Field Trip OR Swimming

1:30-3:30pm – Special Activities

3:30-4:00pm – Snack / Clean Up / Bathroom Break

4:00-5:00pm – Dinner & Dismissal



### SWIMMING AT THE YMCA:

**Monday, Tuesday, or Thursday**

(alternating age groups)





# Y SUMMER PROGRAM @ COLUMBUS

## WEEKLY THEMES

Week 1: June 16 <sup>th</sup> – 20 <sup>th</sup>	Discovering New Friendships
Week 2: June 23 <sup>rd</sup> – 27 <sup>th</sup>	Discovering New Adventures
Week 3: June 30 <sup>th</sup> – July 3 <sup>rd</sup>	Discovering New Projects (NO program July 4 <sup>th</sup> )
Week 4: July 7 <sup>th</sup> – 11 <sup>th</sup>	Discovering New Foods
Week 5: July 14 <sup>th</sup> – 18 <sup>th</sup>	Discovering New Communities
Week 6: July 21 <sup>st</sup> – 25 <sup>th</sup>	Discovering New Games (End of Summer Event)

## FIELD TRIP DAY: EVERY FRIDAY

- Lake Andrea
- Pringles Nature Center
- Dream Playground / Pets Park
- Kenosha Excursion (Trolley, Scoops...)
- GFS Warehouse Tour



## SPECIAL ACTIVITY DAYS

- STEAM Day
- Cooking w/Mrs. Katrina & UW Extension Nutrition
- Gardening Club
- Bookmobile
- LEGO® Robotics Club
- Kids Care Community Service



# Y SUMMER PROGRAM @ LINCOLN

## LINCOLN TEENS PARKS PROGRAM

Lincoln Teens (Middle School)

Lincoln Park – Orbelitti Center

1912 Martin Luther King Dr, Kenosha, WI 53143

## PROGRAM HOURS

Monday – Friday 12:00 PM – 5:30 PM (June 16<sup>th</sup> – July 25<sup>th</sup>)

(Additional fieldtrips “off hour” opportunities for teens who are interested in attending)



## OVERVIEW

Summer for teens is an engaging interactive experience for Middle School students with a goal of creating a safe environment whereby they can make memories and friendships that will last a lifetime! Structured activities that give them the opportunity to grow as a person applying life skills are balanced with activities of choice. “Freedom” is built within the program. In addition, knowing that summer can bring a bit of deficit in reading and mathematics skills and concepts.... fun activities are designed to provide time to apply foundational understandings. This summer, by design, students from Washington and Lance Middle School and the school staff will be invited to join some of the fun events scheduled to enable the teens to start building relationships and make new friends. Gearing them up for a successful school year to come!

## WHAT TO BRING

*(Please make sure that all items are labeled with the child’s first and last name and grade level)*

Summer Camp Backpack

Water Bottle

Sunscreen

Extra change of clothes (there are some days when water fun may be involved)

## PROGRAM SCHEDULE

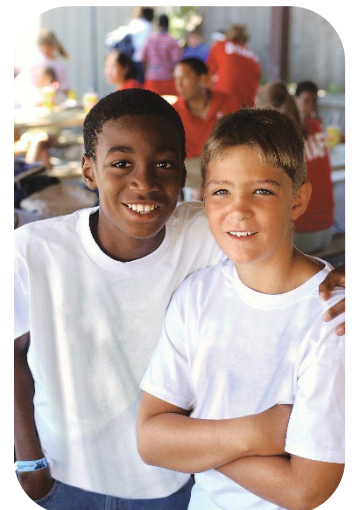
12-12:30pm – Arrival & Lunch

12:30-12:45pm – Cleanup / bathroom break / Change for Swimming at the Y

12:45-1:30pm – Outside/Gym Time OR Depart for Field Trip OR Swimming

1:30-5:00pm – Special Activities

5:00 – 5:30 pm – Dinner & Dismissal



## SWIMMING AT THE YMCA:

Monday



# Y SUMMER PROGRAM @ LINCOLN

## WEEKLY THEMES

Week 1: June 16 <sup>th</sup> – 20 <sup>th</sup>	Discovering New Friendships
Week 2: June 23 <sup>rd</sup> – 27 <sup>th</sup>	Discovering New Adventures
Week 3: June 30 <sup>th</sup> – 3 <sup>rd</sup>	Discovering New Projects (NO program July 4 <sup>th</sup> )
Week 4: July 7 <sup>th</sup> – 11 <sup>th</sup>	Discovering New Foods
Week 5: July 14 <sup>th</sup> – 18 <sup>th</sup>	Discovering New Communities
Week 6: July 21 <sup>st</sup> – 25 <sup>th</sup>	Discovering New Games (End of Summer Event)

**ALL Families are welcome to join in on the fun!**

## FIELD TRIP DAY: WEDNESDAY

- Watershed
- Kenosha Excursion
- Sailing Center
- GRC Bowling & Pizza
- Beach Party!
- And more!



## SPECIAL WEEKLY ACTIVITY DAYS

- Monday – Swimming at the Y
- Tuesday – Teen Tech Center (KELA)
- Wednesday – Field Trips
- Thursday – STEAM
- Friday – Clubs & Bookmobile

## OTHER SPECIAL EVENTS

- Lincoln Park Live Summer Family Picnic (TBA)
- Harbor Market Excursion (TBA)
- Champion Celebration Olympic Style (Last day of Camp, July 25<sup>th</sup>) – Families welcome to join in!

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(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.



### CAREGIVER ACKNOWLEDGEMENT

Once you have read and understand this YMCA Summer Program at the Parks Caregiver Policy Book, please sign, and date the acknowledgement below, and turn it in to the Parks Program Site Director.

I, \_\_\_\_\_, acknowledge that I have received and read a copy of the YMCA Summer Program at the Parks Parent Policy Book and agree to abide by all policies.

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Parent Signature

Date

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Site Director Signature

Date