



GYM SCHEDULE

JULY 29 – AUGUST 24, 2025

		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30	
MONDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM										SUMMER CAMP						OPEN GYM								YOUTH BASKETBALL				OPEN GYM																	
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30	
TUESDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		DAYTIME PE				OPEN GYM																																									
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30	
WEDNESDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM										SUMMER CAMP						SUPER				OPEN GYM																									
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30	
THURSDAY	Court 1	OPEN GYM				TYKES		OPEN GYM										SUMMER CAMP						OPEN VOLLEYBALL				INTRO TO SPORTS YOUTH VOLLEYBALL				OPEN PICKLEBALL				OPEN GYM																	
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30	
FRIDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM										SUMMER CAMP						OPEN GYM																													
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		6:00-8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		<div>WATER ONLY!</div> <div>NO OTHER FOOD</div> <div>OR DRINK IN THE</div> <div>GYM</div>													
SATURDAY	Court 1	OPEN GYM																																																			
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				
		YTH VOLLEYBALL RECREATION LEAGUE GAMES																		OPEN GYM		5:00																															
SUNDAY	Court 1																											OPEN GYM						OPEN SOCCER																			
	Court 2																																																				
	Court 3																																																				
	Court 4																																																				

OPEN GYM

Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

No dunking or hanging on rims

RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated

No Spitting

No Horseplay

Shirts must be worn at all times

Clean, dry, non-marking athletic shoes only

Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.

Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

*** PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DURING THE SUMMER 10-12:30PM

NO OPEN GYM
MON 7-8PM AND
THUR 9:30-10:30AM
JULY 14 - 18 9AM - 3PM MILWAUKEE BUCK
SUMMER BASKETBALL CAMP - ALL COURTS

8/4/2025

Gym schedule subject to change due to Fitness , Sports Classes and Events.