



GYM SCHEDULE

OCTOBER 27 - NOVEMBER 9

		5:00 – 8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		12:00		12:30		1:00		1:30		2:00		2:30		3:00		3:30		4:00		4:30		5:00		5:30		6:00		6:30		7:00		7:30		8:00		8:30																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					
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OPEN GYM
Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanqng on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules rules will result in being asked to leave gym / possible loss of gym privileges

✦✦PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DAYS SCHOOL IS OUT 10-12:30PM

**NO OPEN GYM
MON 7-8PM AND
THUR 9:30-10:30AM**

10/24/2025 *Gym schedule subject to change due to Fitness , Sports Classes and Events.