



DECEMBER 21 2025 -JANUARY 4 2026

OPEN GYM

Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- **Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges**

✦ ✦ PICKLEBALL COURT 2 WILL
NOT BE AVAILABLE DAYS
SCHOOL IS OUT 10-12:30PM

**NO OPEN GYM
MON 7-8PM AND
THUR 9:30-10:30AM**

12/23/2025

***Gym schedule subject to change due to Fitness , Sports Classes and Events.**