



LAP POOL SCHEDULE

January 5th through March 1st

Lane	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY																			
Lane	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
5-5:30am																																
5:30-6am																																
6-6:30am																																
6:30-7am																																
7-7:30am																																
7:30-8am																																
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8:30-9am																																
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3:30-4pm																																
4-4:30pm																																
4:30-5pm																																
5-5:30pm																																
5:30-6pm																																
CLOSED																																
6-6:30pm																																
6:30-7pm																																
7-7:30pm																																
7:30-8pm																																
8-8:30pm																																
8:30-9pm																																

Lane usage and hours subject to change due to swim lessons, rentals, swim meets or unforeseen events.

Reflects Winter '26 Session

The Lap Pool will close at 3:00 pm on January 13th and January 27th for Indian Trail's Swim Meet.

Updated on 1/2/2026