



# GYM SCHEDULE

# FEBRUARY 15 - MARCH 1 2026

	5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30		
MONDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL													BASE			YOUTH BASKETBALL								
	Court 2																OPEN GYM			ADULT OPEN RUN BASKETBALL								
	Court 3	OPEN GYM			EASTER SEALS		OPEN PICKLEBALL						OPEN GYM						OPEN PICKLEBALL			OPEN GYM						
	Court 4				5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30
TUESDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL													BASE			OPEN GYM								
	Court 2				EASTER SEALS		OPEN PICKLEBALL						INTRO PICKLEBALL						OPEN PICKLEBALL			OPEN GYM						
	Court 3	OPEN GYM															OPEN GYM			OPEN GYM								
	Court 4				5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30
WEDNESDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL													BASE			SPECIAL OLYMPICS								
	Court 2				EASTER SEALS		OPEN PICKLEBALL						YTH VOLLEYBALL LEAGUE PRACTICE						OPEN GYM			OPEN GYM						
	Court 3	OPEN GYM															SUPER ALL STARS			YTH VOLLEYBALL LEAGUE PRACTICE								
	Court 4				5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30
THURSDAY	Court 1	OPEN GYM		TYKES HOMESCHOOL PE													BASE			OPEN GYM								
	Court 2				EASTER SEALS		OPEN PICKLEBALL						INTRO TO SPORTS YTH INDOOR SOCCER						OPEN GYM			OPEN GYM						
	Court 3	OPEN GYM															OPEN GYM			OPEN GYM								
	Court 4				5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30
FRIDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL													BASE			OPEN GYM								
	Court 2				EASTER SEALS		OPEN PICKLEBALL						ADV BB TRAINING						YTH VOLLEYBALL LEAGUE GAMES			OPEN GYM						
	Court 3	OPEN GYM															OPEN GYM			OPEN GYM								
	Court 4				6:00-8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM				
SATURDAY	Court 1	OPEN GYM															OPEN GYM			OPEN GYM								
	Court 2				EASTER SEALS		OPEN PICKLEBALL						OPEN GYM						OPEN GYM			OPEN GYM						
	Court 3	OPEN GYM															OPEN GYM			OPEN GYM								
	Court 4				6:00-8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	NO OPEN GYM MON 7-8PM AND THUR 9:30-10:30AM				

**OPEN GYM**  
Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

**US BANK FIELD HOUSE RULES:**

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

★ PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DAYS SCHOOL IS OUT 10-12:30PM

2/18/2026

\*Gym schedule subject to change due to Fitness , Sports Classes and Events.