



GYM SCHEDULE

FEBRUARY 15 - MARCH 1 2026

		5:00 – 8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30			
MONDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM														BASE		YOUTH BASKETBALL							
	Court 2																														
	Court 3	EASTER SEALS				OPEN PICKLEBALL					OPEN PICKLEBALL					OPEN GYM						ADULT OPEN RUN BASKETBALL									
	Court 4																														
		5:00 – 8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30			
TUESDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM														BASE									
	Court 2																														
	Court 3	EASTER SEALS				OPEN PICKLEBALL					INTRO PICKLEBALL		OPEN PICKLEBALL																		
	Court 4																														
		5:00 – 8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30			
WEDNESDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM														BASE		SUPER ALL STARS		SPECIAL OLYMPICS					
	Court 2																														
	Court 3	EASTER SEALS				OPEN PICKLEBALL					YTH VOLLEYBALL LEAGUE PRACTICE																				
	Court 4																														
		5:00 – 8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30			
THURSDAY	Court 1	OPEN GYM				TYKES HOMESCHOOL PE		OPEN GYM														BASE		OPEN GYM							
	Court 2																														
	Court 3	EASTER SEALS				OPEN PICKLEBALL					OPEN VOLLEYBALL					INTRO TO SPORTS		YTH INDOOR SOCCER		OPEN PICKLEBALL											
	Court 4															YOUTH VOLLEYBALL															
		5:00 – 8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30			
FRIDAY	Court 1	OPEN GYM				TYKES PRE SCHOOL		OPEN GYM														BASE		OPEN GYM							
	Court 2																														
	Court 3	EASTER SEALS				OPEN PICKLEBALL					OPEN PICKLEBALL					ADV BB TRAINING		YTH VOLLEYBALL LEAGUE GAMES													
	Court 4																														
		6:00-8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	<div>WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM</div>									
SATURDAY	Court 1	OPEN GYM																													
	Court 2																														
	Court 3																														
	Court 4																														
		6:00-8:00		8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	<div>WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM</div>									
SUNDAY	Court 1	OPEN GYM										OPEN SOCCER																			
	Court 2																														
	Court 3	OPEN PICKLEBALL					OPEN GYM																								
	Court 4																														

OPEN GYM

Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

*** PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DAYS SCHOOL IS OUT 10-12:30PM

WATER ONLY!
NO OTHER FOOD
OR DRINK IN THE
GYM

NO OPEN GYM
MON 7-8PM AND
THUR 9:30-10:30AM

2/18/2026

Gym schedule subject to change due to Fitness , Sports Classes and Events.