LAP POOL SCHEDULE

March 2nd through May 3rd

Lane	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-5:30am							CLOSED
5:30-6am							CLOSED
6-6:30am	CLOSED	Lap Swim	Lap Swim	Lap Swim		Lap Swim	
6:30-7am	CLOSED	Lap Swim	Lap Swim	Lap Swim		Lap Swim	
7-7:30am	CLOSED	Lap Swim; 7:00-8:00 am Aqua Combat	Lap Swim; 7:00-8:00 am Water in Motion	Lap Swim; 7:00-8:00 am Aqua Combat	7:00-8:00 am Water in Motion	Lap Swim; 7:00-8:00 am Aqua Combat	
7:30-8am	CLOSED	Lap Swim	Lap Swim; 8:00-9:00 am Fluid Strength	Lap Swim	8:15 -9:15 Deep Water Aerobics	Lap Swim	
8-8:30am	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	LESSONS
8:30-9am	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	LESSONS
9-9:30am	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
9:30-10am	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
10-10:30am	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim; 10-12 NAVY	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
10:30-11am	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim; 10-12 NAVY	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
11-11:30am	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim; 10-12 NAVY	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
11:30-12pm	Diving Board Open; Lap Swim	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	Lap Swim; 10-12 NAVY	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS	Lap Swim; 9-10am & 10:15-11:15 Silver Sneaker Splash	LESSONS
12-12:30pm	Diving Board Open; Lap Swim	Water in Motion; Lap Swim	Lap Swim	Lap Swim		Lap Swim	
12:30-1pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
1-1:30pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
1:30-2pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
2-2:30pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
2:30-3pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
3-3:30pm	Diving Board Open; Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim	12:30 pm - 4:30 Diving Board Open
3:30-4pm							12:30 pm - 4:30 Diving Board Open
4-4:30pm		LESSONS				LESSONS	12:30 pm - 4:30 Diving Board Open
4:30-5pm		LESSONS	LESSONS		LESSONS	LESSONS	12:30 pm - 4:30 Diving Board Open
5-5:30pm		LESSONS	LESSONS		LESSONS	LESSONS	12:30 pm - 4:30 Diving Board Open
5:30-6pm	CLOSED	LESSONS	LESSONS		LESSONS	LESSONS	12:30 pm - 4:30 Diving Board Open
6-6:30pm	CLOSED	Jaguar swim team	LESSONS	Jaguar swim team	LESSONS	Jaguar swim team	CLOSED
6:30-7pm	CLOSED	Jaguar swim team	Deep Water Aerobics	Jaguar swim team		Jaguar swim team	CLOSED
7-7:30pm	CLOSED	Jaguar swim team	Deep Water Aerobics	Jaguar swim team		Jaguar swim team	CLOSED
7:30-8pm	CLOSED						CLOSED
8-8:30pm							
8:30-9pm							

Lane usage and hours subject to change due to swim lessons, rentals, swim meets or unforseen events.

Reflects Spring I '26 Session

The Kenosha YMCA is CLOSED for Easter Sunday - April 5th.

Updated on 2/27/2026