



GYM SCHEDULE

MARCH 16 - MAY 3 2026

		5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30
MONDAY	Court 1	OPEN GYM											BASE											YOUTH BASKETBALL			
	Court 2	OPEN GYM											OPEN GYM											YOUTH BASKETBALL			
	Court 3	OPEN GYM											OPEN GYM											ADULT OPEN RUN BASKETBALL			
	Court 4	OPEN GYM											OPEN GYM											ADULT OPEN RUN BASKETBALL			
TUESDAY	Court 1	OPEN GYM											BASE											OPEN GYM			
	Court 2	OPEN GYM											OPEN GYM											OPEN GYM			
	Court 3	OPEN GYM											OPEN GYM											OPEN GYM			
	Court 4	OPEN GYM											OPEN GYM											OPEN GYM			
WEDNESDAY	Court 1	OPEN GYM											BASE											OPEN GYM			
	Court 2	OPEN GYM											OPEN GYM											OPEN GYM			
	Court 3	OPEN GYM											OPEN GYM											OPEN GYM			
	Court 4	OPEN GYM											OPEN GYM											OPEN GYM			
THURSDAY	Court 1	OPEN GYM											BASE											OPEN GYM			
	Court 2	OPEN GYM											OPEN GYM											YTH INDOOR SOCCER			
	Court 3	OPEN GYM											OPEN GYM											OPEN PICKLEBALL			
	Court 4	OPEN GYM											OPEN GYM											OPEN PICKLEBALL			
FRIDAY	Court 1	OPEN GYM											BASE											OPEN GYM			
	Court 2	OPEN GYM											OPEN GYM											ADV BB TRAINING			
	Court 3	OPEN GYM											OPEN GYM											OPEN GYM			
	Court 4	OPEN GYM											OPEN GYM											OPEN GYM			
SATURDAY	Court 1	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 2	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 3	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 4	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
SUNDAY	Court 1	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 2	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 3	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			
	Court 4	OPEN GYM											OPEN GYM											WATER ONLY! NO OTHER FOOD OR DRINK IN THE GYM			

OPEN GYM
Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

*** PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DAYS SCHOOL IS OUT 10-12:30PM

NO OPEN GYM MON 7-8PM AND THUR 9:30-10:30AM

3/19/2026

*Gym schedule subject to change due to Fitness , Sports Classes and Events.