



GYM SCHEDULE

JUNE 29- AUGUST 23

	5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30
MONDAY	Court 1	SPORTS CLUB								OPEN GYM												YOUTH BASKETBALL				
	Court 2	OPEN GYM		TYKES PRE SCHOOL		OPEN GYM												YOUTH BASKETBALL								
	Court 3	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM				ADULT OPEN RUN BASKETBALL						
	Court 4	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM				ADULT OPEN RUN BASKETBALL						
TUESDAY	Court 1	SPORTS CLUB								OPEN GYM												YTH SPRING BASKETBALL LEAGUE				
	Court 2	OPEN GYM		TYKES PRE SCHOOL		OPEN GYM												YTH SPRING BASKETBALL LEAGUE								
	Court 3	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				INTRO PICKLEBALL		OPEN GYM				OPEN PICKLEBALL		OPEN GYM								
	Court 4	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				INTRO PICKLEBALL		OPEN GYM				OPEN PICKLEBALL		OPEN GYM								
WEDNESDAY	Court 1	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 2	OPEN GYM		TYKES PRE SCHOOL		OPEN GYM												OPEN GYM								
	Court 3	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM										
	Court 4	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM										
THURSDAY	Court 1	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 2	OPEN GYM		TYKES		OPEN GYM												OPEN GYM								
	Court 3	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN VOLLEYBALL		YOUTH VOLLEYBALL		SPRING VOLLEYBALL LEAGUE						
	Court 4	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN VOLLEYBALL		YOUTH VOLLEYBALL		SPRING VOLLEYBALL LEAGUE						
FRIDAY	Court 1	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 2	OPEN GYM		TYKES PRE SCHOOL		OPEN GYM												OPEN GYM								
	Court 3	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM										
	Court 4	OPEN GYM		EASTER SEALS		OPEN PICKLEBALL				OPEN GYM				OPEN PICKLEBALL		OPEN GYM										
SATURDAY	Court 1	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 2	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 3	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 4	SPORTS CLUB								OPEN GYM												OPEN GYM				
SUNDAY	Court 1	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 2	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 3	SPORTS CLUB								OPEN GYM												OPEN GYM				
	Court 4	SPORTS CLUB								OPEN GYM												OPEN GYM				

OPEN GYM
 Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

***PICKLEBALL COURT 2 WILL NOT BE AVAILABLE DAYS SCHOOL IS OUT 10-12:30PM

**WATER ONLY!
 NO OTHER FOOD
 OR DRINK IN THE
 GYM**

SUMMER DAY CAMP MAY UTILIZE COURTS DUE TO WEATHER AS NEEDED

NO OPEN GYM MON 7-8PM AND THUR 9:30-10:30AM

6/29/2026

*Gym schedule subject to change due to Fitness , Sports Classes and Events.