LAP POOL SCHEDULE

June 29th through August 23rd

Lane	SUNDAY 1	2	3	4	5	6	7	8	MONDAY 1	2	3	4	5	6	7	8	TUESDAY 1	2	3	4	5	6	7	8	WEDNESDAY 1	2	3	4	5	6	7	8	THURSDAY 1	2	3	4	5	6	7	8	FRIDAY 1	2	3	4	5	6	7	8	SATURDAY 1	2	3	4	5	6	7	8
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SUNDAY
- CLOSED
- Diving Board Open
- Lap Swim
- CLOSED

MONDAY
- Lap Swim
- 7:00-8:00 am Aqua Combat
- 9-10am & 10:15-11:15 Silver Sneaker Splash
- Zumba 12:00-1:00
- LESSONS
- Jaguar swim team

TUESDAY
- Lap Swim
- 10-12 NAVY
- LESSONS
- 7:00-8:00 am Water in Motion
- 8:00-9:00 am Fluid Strength
- Deep Water Aerobics

WEDNESDAY
- Lap Swim
- 7:00-8:00 am Aqua Combat
- 9-10am & 10:15-11:15 Silver Sneaker Splash
- Jaguar swim team

THURSDAY
- LESSONS
- 7:00-8:00 am Aqua Zumba
- 8:15 -9:15 Deep Water Aerobics

FRIDAY
- Lap Swim
- LESSONS
- 7:00-8:00 am Aqua Combat
- 9-10am & 10:15-11:15 Silver Sneaker Splash
- Jaguar swim team

SATURDAY
- CLOSED
- 12:30 pm - 4:30 Diving Board Open
- Lap Swim
- CLOSED

Lane usage and hours subject to change due to swim lessons, rentals, swim meets or unforseen events.

Reflects Summer 2026 session

Lap Pool Hours for Saturday, July 4th: 6am-12:30pm. No classes or lesson will be held.

Updated on 7/14/2026